SNAP-Ed Toolit
Overview

October 2019
The SNAP-Ed Toolkit

- SNAPEdToolkit.org now contains:
  - Interactive SNAP-Ed Evaluation Framework
  - Training resources
  - Searchable database of 134 SNAP-Ed Interventions that are:
    - Peer-reviewed
    - Evidence-based
    - Appropriate for diverse settings and audiences
In 2019, we added 52 new interventions!

List of Interventions

Have an intervention you want listed on the SNAP-Ed Toolkit website?

[Click here to learn how to submit your intervention for review »]

In 2019, the SNAP-Ed Toolkit added 52 new interventions for Implementing Agencies and others to explore. Find them by searching for intervention names with “NEW!”

- Intervention Name (State)
  - Baby-Friendly Hospital Initiative (MA)
  - Balanced Energy Physical Activity Toolkit, BEPA Toolkit (OR)
  - Baltimore Healthy Stores (MD)
  - Bienestar Health Program (TX)
  - Blongcape (NY) - NEW!

- Intervention Name (State)
  - ...
Interventions added in 2019 utilize the following approaches

- Direct Education: 26
- Policy, Systems, and Environmental Change Strategies (PSE): 9
- Direct Education + PSE: 8
- Direct Education + Social Marketing: 1
- PSE + Social Marketing: 2
- Direct Education + PSE + Social Marketing: 6
New in 2019

The 52 newly added interventions were reviewed and classified using the USDA Checklist for Evidence-Based Approaches. These interventions fell into one of the following three categories along the evidence-based approach continuum:

- **Emerging**: 3
- **Practice-Tested**: 14
- **Research-Tested**: 35
Interventions added in 2019 are appropriate for these settings:

- Community: 30
- Early Childcare & Education: 21
- Faith-Based: 15
- Farmers Market: 4
- Food Pantries: 12
- Food Retail: 8
- Gardens: 4
- Healthcare: 13
- Indian Tribal Organization: 8
- Schools: 28
- USDA Program Sites: 10
- Worksites: 8
Find an intervention to meet your Implementing Agency’s needs by selecting program attributes to generate a list of relevant interventions!
Or peruse the list to see all 134 interventions, including the 52 NEW interventions!
You'll find the following information about each intervention to help you choose the right fit for your IAs and community:

- Intervention Overview
- Intervention Reach and Adoption
- Intervention Components
- Intervention Materials
- Evidence Summary
- Evaluation Indicators from the SNAP-Ed Evaluation Framework
- Evaluation Materials
- Contact Information

**Intervention Reach and Adoption**

CHFF targets elementary and middle school aged children in schools and other sites including after-school and summer programs. CHFF was developed collaboratively with SNAP-Ed and Expanded Food and Nutrition Education Program (EFNEP) professionals, and in 2010, nine SNAP-ED/EFNEP counties in New York piloted the intervention. Currently, CHFF is used in all 50 states and three territories, primarily in SNAP-ED EFNEP and/or 4-H programs.

**Setting:** School (Elementary, Middle School), Other: after-school & summer programs, clubs, libraries, & other similar youth sites

**Target Audience:** Elementary School, Middle School

**Race/Ethnicity:** All

**Intervention Components**

CHFF includes six usually-weekly lessons. Based on the Social Cognitive Theory, each 45-90 minute lesson includes offering hands-on nutrition and problem solving activities, preparing or tasting healthy snacks, playing active games, and setting weekly goals. Lessons are copyrighted in simple language to make them easy to teach and are structured based on the 4 As dialogue approach to ensure youth interaction and engagement. Anchor to past experiences, Add new information, Apply by doing, and a goal-setting Away.

Activities include comparing Nutrition Facts Labels on food packages, visualizing the amount of sugar in drinks and fat in fast foods, and using photos of real food to create meals for a day with recommended cups of vegetables and fruits.

**Intervention Materials**

All CHFF materials are available here.

- Curriculum
  - 6 lessons in English and Spanish
- Teaching Kit
  - 16 posters
  - Numerous visuals including 56 food package labels and 28 fast food cards
- 72 e-cards

Download PDF
What’s in store for the SNAP-Ed Toolkit in FY 2020?

- Revisions of existing interventions to ensure up-to-date information
- New peer-reviewed, evidence-based interventions
- Additional validated survey instruments and tools throughout the SNAP-Ed Evaluation Framework to measure SNAP-Ed indicators

More details and due dates for these processes here:
https://snapedtoolkit.org/interventions/submit-an-intervention/
Share how you use the SNAP-Ed Toolkit by using #SNAPEdToolkit on social media!

Questions? Suggestions?
Email snappedtoolkit@unc.edu.