

Steps to Health and Faithful Families, Thriving Communities - Communities Moving Together: A Guide to Facilitating Community-Led Walk Audits

North Carolina State University, SNAP-Ed Steps to Health and Faithful Families, Thriving Communities

Overview

Communities Moving Together: A Guide to Facilitating Community-Led Walk Audits is a walk audit guide designed to help low-income communities facilitate community-led walk audits. Walk audits are designed to help people assess their neighborhood and examine ways to make it easier for people of all ages and abilities to safely commute without a car. The guide includes six steps to successfully facilitating community-led walks audits. Core components of this tool include the program guide, walk audit checklists, route leader training guide, and an action planning tool. The intervention components will help partners assess challenges in their community and identify clear steps to outline a timeline for reaching goals. All residents are encouraged to participate to ensure equity is considered when planning improvements that will benefit all community residents. Once the walk audit is complete, participants work collaboratively with community leaders and decision makers to brainstorm solutions and create an action plan to implement policy, systems, and environmental (PSE) changes to improve the built environment.

Access

There is no cost for the guide. Email sth_administration@ncsu.edu if interested.

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